

# MEDIA KIT

# DR. MARIEL BUQUÉ

TRAUMA  
PSYCHOLOGIST,  
SPEAKER & AUTHOR

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2023



# ABOUT DR. MARIEL BUQUÉ

Dr. Mariel Buqué is a Columbia University-trained Psychologist, intergenerational trauma expert, and the author of *Break the Cycle*: a book that focuses on healing wounds of intergenerational trauma. She additionally provides healing workshops to Fortune 100 companies including Google, Twitter, Capital One, and Facebook, and lectures within the psychology department of Columbia University. Dr. Buqué is widely sought out for her clinical expertise and trauma approach and has been featured on major media outlets including The Today Show, CNN, The Real, and ABC News. You may find her work at [www.drmarielbuque.com](http://www.drmarielbuque.com).



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## SHORT VERSION

## STATISTICS

**254K** INSTAGRAM

**410K** TIK TOK

**10K** FACEBOOK

**2K** PINTEREST

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# WORKING WITH DR. MARIEL BUQUÉ

Renowned trauma psychologist, Dr. Mariel Buqué teaches you how to heal the wounds of trauma. Her highly sought-after topics of expertise fall under the category of breaking cycles of intergenerational trauma at the individual and institutional levels.

Dr. Buqué is available for workshops, speaking engagements, and media opportunities, both virtually and in person. If you hope to initiate a request, please do so by emailing [hello@drmarielbuque.com](mailto:hello@drmarielbuque.com).



# BREAK THE CYCLE

## A GUIDE TO HEALING INTERGENERATIONAL TRAUMA

Break the Cycle is a comprehensive healing guide by renowned trauma psychologist, Dr. Mariel Buqué, to shedding intergenerational trauma and stepping into a legacy of abundance and peace.

Using her science-driven and ancestrally-informed holistic healing methods, Dr. Buqué will teach you how to step out of generations of unhealthy family dynamics and into long-lasting healing that will impact generations of your lineage.

Break the Cycle is the guide you've been waiting for to step out of old patterns that have kept your family in emotional pain. It's time to step out and reclaim your family legacy and shed the weight of the past.

## FEATURED TALKS

- Break the Cycle of Intergenerational Trauma
- How Intergenerational Trauma Contributes to Chronic Illness
- Helping Clients Heal from Intergenerational Trauma

## TOPICS

- Intergenerational Trauma
- Trauma Healing
- Healing Family dysfunction
- Healing institutional trauma
- Holistic Mental Health

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# LET'S BREAK THE CYCLE

CONNECT WITH ME

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